



GUIDANCE MATERIAL

01. WORKING AT HEIGHT

OUR BEHAVIOURS

Safety Differently
Focus on What Matters
Collaborative Problem Solving

OUR SUPPORT

Risk Management
Standardised Procedures
Tools and Support

WORK EXCELLENCE

Bringing **OUR BEHAVIOURS** and **OUR SUPPORT** together to create **excellent work as done.**

Fairbrother Safety Guidance material provides the minimum level of compliance across all projects.

SKILLS, COMPETENCY & ADMINISTRATIVE CONTROLS

SAFE WORK METHOD STATEMENT SWMS Activity: Roof Installation

State	Tasmania	Project Number
Project Name		Date
SWMS Prepared by		
Person(s) Responsible for ensuring implementation & compliance with SWMS		

SRTA LIFE & RESCUE	RTO 45378 RIIWS204E - Work safely at heights
Student: [Redacted]	Date of Training: 27/5/2024
SRTA Life & Rescue recommend refreshing this competency every 2 years	
Booking Hotline - 01 62 484780	
Statewide training at the following locations: - Unit 1 18 Kennedy Street CAMBERIDGE TAS 7170 - Unit 2 18 Kennedy Street CAMBERIDGE TAS 7170 - 11 Wellington Street SOUTH BURNIE TAS 7300	

Prior to any "Working at Height" workers must:

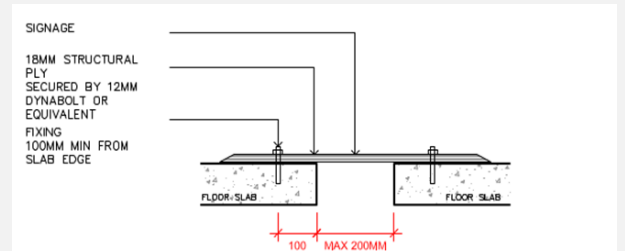
- Read, understand, and sign a HRCW Safe Work Method Statement.
- Complete the FB online induction and hold a current industry induction card.
- Work Safely at Heights training RIIOHS204D to be verified and current.
- Establish and maintain Exclusion Zones where working at height activities have a risk of falling objects.
- Safe access and egress to elevated areas must be planned and communicated.

GUARD RAILS & PERIMETER CONTAINMENT



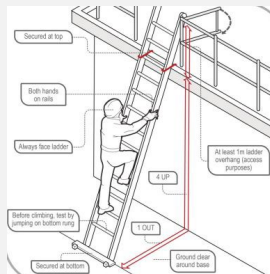
- Guardrails must be a minimum of 900-1100mm above the working surface.
- All guard rails/handrails require a FB FRM-SQE-379 Edge Protection Handover Certificate.
- Perimeter Containment must be provided where there is a risk of falling objects from live edges.
- Perimeter Containment must extend 2m above the working surface, & no gaps >50mm.
- Lifting screens shall be engineered and lifting points and equipment identified and certified.

PENETRATIONS & OPENING PROTECTION



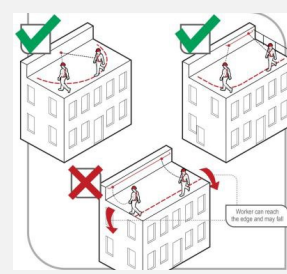
- Penetrations and Openings in floors, roofs and other structures shall be made safe immediately after formed or constructed.
- Where practicable, penetrations in concrete floors need to incorporate cast in mesh with a secure cover, 50x50x4mm galvanized mesh.
- Structural Plywood Requirements:
 1. Openings MAX 200mm 1-layer 18mm Ply.
 2. Openings 200mm-600mm 2 layers 18mm Ply.
 3. All penetration covers to be signed indicating Penetrations below.
- Fairbrother approval required prior to removing any penetration cover.

WORKING FROM LADDERS



- Platform Ladders are the preferred option.
 - Platform ladder to be adequate for the task and safety gates installed with platforms at 2m and greater.
 - Must be Industrial rated and free from defects, all latches in good working order.
 - Only to be set up on even ground.
 - Metal ladders are not to be used for Electrical Work.
- Extension ladders are for access only, and to be angled at ratio of 1:4, (base of ladder 1m away from structure for every 4m of height), secured at base and top, extending 1m past the landing.
- A frame ladders are the last resort, and their use must be avoided where possible.

FALL RESTRAINT & FALL ARREST SYSTEMS



- Workers must only use a Fall Arrest system as last resort; a Fall Restraint system is a preferred option as worker's cannot access the live edge in Fall Restraint.
- Inspections required by competent person holding Work Safely at Heights training RIIOHS204D prior to and after use of all work positioning system equipment.
- 6 monthly inspections by a competent person with qualified competency, "MEM15004B Height Safety Equipment Inspection" for: Harnesses, Lanyards, Connectors, Fall Arrest Devices, Ropes, Slings and Temporary Anchor points.

WORKING AT HEIGHTS PERMIT & RESCUE PLAN

PERMIT WORKING AT HEIGHTS PERMIT & RESCUE PLAN	
FABRINT DOC: STD-SQE-309 WORKING SAFELY AT HEIGHTS	
PROJECT:	
TASK NAME:	
Permit Date:	Corresponding SWMS NO: / /
Permit Valid:	Task Duration: OR Expiry Date: / /
Location of Work on-site:	Contact No: /
Sub-Contractor:	
Inducted workers involved in the Task:	
Ensure any plant, equipment, tools, building materials or PPE required for the task are secured to prevent any opportunity for any items to fall from height.	
NOTE: BEFORE COMMENCING - WORKERS ENGAGED IN THIS TASK MUST COMPLY WITH THE FOLLOWING:	

- Prior to works commencing Fairbrother FRM-SQE-386 Working at Height Permit & Rescue Plan must be completed.
- Rescue Plans for works continuing in excess of 1 day require review to ensure all relevant workers are onsite.
- Rescue options include Elevated Work Platforms, Crane Man box, Ladders, Rescue Kits, scaffolds.
- Resue Plan considerations:
 - 1.) Access to Emergency Services
 - 2.) Ability to use equipment and responsible person to lead the rescue.
 - 3.) Consultation and Communication.

REGULATIONS and CODES OF PRACTICE

Tasmania

- Work Health and Safety Regulations 2022.

Victoria

- OHS Regulations 2017.
- Compliance Code Prevention of Falls in General Construction 2018.
- Code of Practice – Managing the Risks of Falls at Workplaces 2018. (Safe Work Australia).

FAIRBROTHER SUPPORTING DOCUMENTATION

- FRM-SQE-386 Working at Heights Permit and Rescue Plan.
- FRM-SQE-3001 Safe Working Method Statement. (SWMS)
- FRM-SQE-316 Emergency Procedures Template.
- PRO-SQE-366 Work Box.
- PRO-SQE-3008 Working at Height.
- FRM-SQE-379 Edge Protection Handover Certificate.
- PRO-SQE-398 Penetrations and Opening Protection.
- PRO-SQE-321 Elevated Work Platforms
- WMD-PMG-222 Roof Safety Mesh Installation.